

Unit 2: Health

I. Odd one out

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|---------------|----------------|-------------|----------------|
| 1. A. cough | B. weak | C. headache | D. sore throat |
| 2. A. sunburn | B. toothache | C. earache | D. unhealthy |
| 3. A. sick | B. temperature | C. tired | D. weak |
| 4. A. flu | B. stomachache | C. allergy | D. fat |
| 5. A. sleep | B. happy | C. live | D. smile |

II. Choose the A,B,C,D for each picture

1.



- | | |
|-----------------------|-----------------------|
| A. have a cough | B. have a headache |
| C. have a sore throat | D. have a temperature |

2.



- | | |
|-------------------|---------------------|
| A. have flu | B. have stomachache |
| C. have toothache | D. have earache |

3.



- | | |
|--------------|----------------|
| A. feel sick | B. feel tired |
| C. feel weak | D. feel sleepy |

4.



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|----------------------|-------------------|
| A. wearing a sun hat | B. washing face |
| C. washing hands | D. doing exercise |

III. Put the verbs in brackets in the correct form

1. Nam looks brown. He was on holiday last week. He (get) _____ sunburn.
2. Getting plenty of rest is very good. It (help) _____ you to avoid depression.
3. The Japanese (eat) _____ a lot of fish so they are very intelligent.
4. If you wash your hands more, you (have) _____ less chance of catching flu.
5. Eating carrots regularly (help) _____ you see better.
6. It is very hot outside. Please (wear) _____ a sun hat when you go out.
7. Do more exercise and you (feel) _____ healthier.
8. I don't want (be) _____ tired tomorrow so I go to bed early.
9. Nowadays, I don't feel well. I often (feel) _____ sick and weak.
10. People who (smile) _____ more are happier and they live longer.