

Name: \_\_\_\_\_ [Big Science 2]UNIT 2: BODY AND HEALTH

Class: \_\_\_\_\_

What can I do to stay healthy?

I. Tick the healthy food (✓):

**Eat healthy food to stay healthy**

lollies 	avocado 
watermelon 	pizza 
vegetables 	strawberries 
coke 	broccoli 
salmon 	donuts 
carrots 	hotdog 
cake 	banana 

II. Drag and drop:

**Do exercises to stay healthy**

ride a bike	swim	jump rope	play soccer	run
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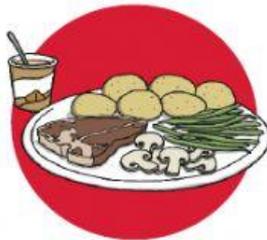
**III. Drag and drop:**

**What can I do to stay healthy?**

Think about clothes you wear	Keep clean	Do exercises	Be happy	Eat healthy food	Rest and sleep
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