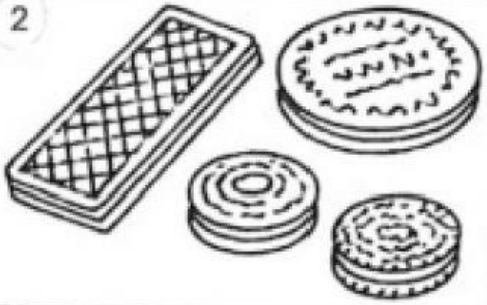
69 饮食与健康

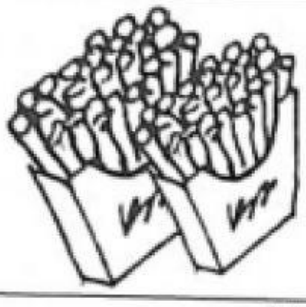
三 哪些是可以多吃的食物？在□里画 √；应该少吃的食物画 × 。
(8.1.1) TP 1

1

2



3



4

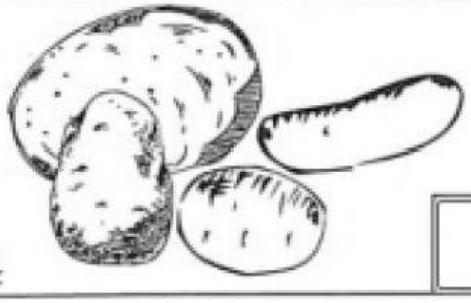
5

谷类

6

白开水

7



薯类

8

9

10

LIVEWORKSHEETS