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You will hear a student representative welcoming new students to the university and explaining a little about traditional English meals. First read the notes below.

Then listen and complete them. Write NO MORE THAN TWO WORDS OR A NUMBER for each answer.

very popular dish: Fish and chips: fried in (1)

- not (2), Popular esp. (3)

Another traditional meal: Sunday lunch

(4) meat, with (5)

Traditionally eaten (6)



Questions 1-4

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You will hear a talk on nutrition. Complete the notes. Write NO MORE THAN TWO WORDS for each answer.

Topic: Healthy eating

- definition
- reasons why people don't (=)
- ideas for (=)

Healthy eating is:

- balanced diet
- eating the (=)

Note: balanced diet incl. meat, veg, fruit, cereals & (=)