

Name: _____

Date: _____

Hygiene in Clothing

Section A- Write the correct term on the line.

1. _____ means keeping the body clean.
2. Flakes of dead skin from the scalp _____.
3. _____ means daily personal care of the body to keep it looking clean and attractive.
4. A doctor who treats skin problems _____.
5. Skin disorder involving black heads and pimples is called _____.
6. A sticky film of harmful bacteria that is found on the teeth _____.
7. A _____ is a treatment for the care of hand and nails.
8. A _____ is a treatment for the care of the feet and toenails.
9. A fungus that grows on moist feet is called _____.
10. A _____ is a painful swelling near the joint of a big toe.

Unscramble the following personal products

- a) Hoot epsat _____
- b) Lontoi _____
- c) Ditconreion _____
- d) Ontedorad _____
- e) Hsmapoo _____
- f) Bhirus _____
- g) Tohot rhssbu _____
- h) Bmco _____
- i) Uoswhamth _____
- j) Icpmue nesto _____

Section B- Answer the following questions on the space provided.

11. List **TWO** benefits of keeping the skin clean.

12. Give **ONE** guideline for preventing each of the following:

a) Dandruff _____

b) Acne _____

c) Corns on the feet _____

d) _____

e) Cavities _____

13. State why the following practices are advisable:

a) Regularly flossing the teeth

b) Trimming the toenails straight across

14. Explain the difference between deodorant and antiperspirant.
