

1. What I really like:

e.g.

I love it when someone is generous and
gives me flowers.
It makes me happy when

1)

2)

2. What I don't like:

It bothers me when

1)

2)

3. What really doesn't bother me:

I really don't mind it when

1)

2)

4. What upsets me:

It upsets me when

1)

2)