

2 Match and say.

Wash your hands.



a

Wash your hands.

Eat fruits and vegetables every day.

Do sports.

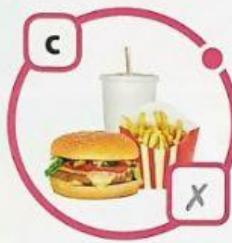
Don't eat junk food.

Don't play video games all day.

Don't drink soda.



b



c



d



f

x



e

✓

3 Listen and trace the sentences. Check (✓) the healthy habits.



- a I eat fruits and vegetables.
- b I do sports.
- c I drink soda every day.
- d I play video games all day.



4 Complete the list with the sentences from activity 3.

Healthy Habits

I eat fruits and vegetables.

Unhealthy Habits