

## VERBS OF MOVEMENT

Look at the pictures and complete the instructions with these verbs. Then listen and check your answers.

bend (x2)   move   raise   touch (x3)   turn

- 1  your arms above your head and look up. Now  your toes. You can  your knees a little!
- 2  your left knee with your right elbow. Don't  your back! Now  your right knee with your left elbow.
- 3  your shoulders up and down.  your head from left to right – slowly.

