VERBS OF MOVEMENT

Look at the pictures and complete the instructions with these verbs. Then listen and check your answers.

bend (x2) move raise touch (x3) turn

1 _____ your arms above your head and look up. Now _____ your toes. You can _____ your knees a little!

2 _____ your left knee with your right elbow. Don't _____ your back! Now _____ your right knee with your left elbow.

3 _____ your shoulders up and down. _____ your head from left to right – slowly.







LIVEWORKSHEETS