

Name: _____

Date: 22 September 2021 (Wednesday)

(B) Activity 2 page 54: Read the text again. Complete the summary with **five** of the words in the box.

eat	is	before	healthy	mornings
sleep	isn't	after	unhealthy	afternoons

The lifestyle of sumo wrestlers (1) _____ normal. The food which they eat is

(2) _____, but they (3) _____ a lot. They also sleep a lot in the

(4) _____ and they don't exercise (5) _____ meals.