

What is the best loop to use for the problems below?

Case	while	for
Asking the user to enter their email until it is a valid email		
Printing all even numbers from 1 to 5000		
Calculating your final score by adding up your grades in all the ten subjects you study		
Showing a menu to a user where they can select an item or exit the program		
Continuing to heat water until the temperature sensor says it has reached the boiling point		
Generating a report showing all students who have signed up for a trip out of the 2,000 students in the school		
Reading lines from a file until we reach the end of the file		
Continuing to play video game until you choose to exit		
Adding up all the money you spent on food this week		