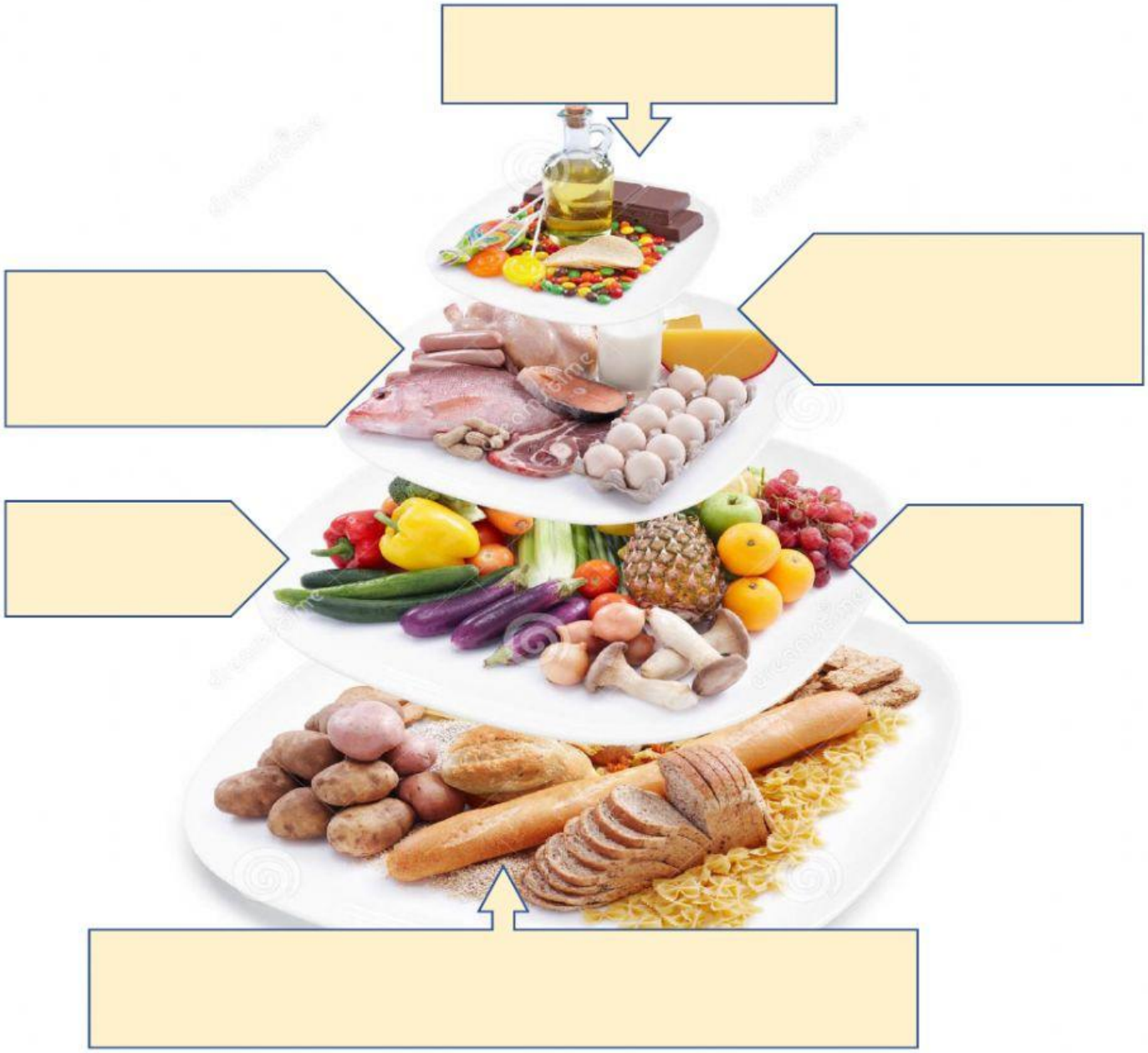
Diet pyramid and balanced diet



grains、root and stem vegetables		
fruits	vegetables	nuts and fats
milk and dairy foods	meat and protein foods	

LIVEWORKSHEETS