

Name:

Date:

Helps Us Grow Spiritually	Doesn't Help Us Grow Spiritually

1. Praying
2. Listening to bad things
3. Watching bad things
4. Not praying
5. Going to church
6. Reading the Bible
7. Hurting people with hands and feet
8. Giving money to the church
9. Listening to good things
10. Loving others
11. Being unkind
12. Watching good things