

Unit 1: Leisure activities

The NET Generation

Phuc is playing football and he has just scored a goal; Phuc is so happy now. At the same time, Mai is taking care of her cute cat. She always remembers when to take her pet out for a walk or when to feed it. Sounds fantastic, doesn't it? But they both spend most of their free time playing football or looking after pets ONLINE!

Nowadays, teenagers heavily rely on technology and many of them find it hard to live without mobiles, computers and the Internet. Adoring the virtual world can be harmful to both teens' bodies and minds. Instead of joining outdoor activities like football, skating or biking, many boys and girls enjoy sitting in front of computers or TVs. Others are addicted to using their mobiles for texting, chatting and checking updates on Facebook all the time. They prefer these activities perhaps because they don't have to think or imagine much. Teens now have less time to read books, take exercise or hang out with family and friends because they fancy the unreal world.

Although Phuc and Mai are quick at using computers and they seem to remember quite a lot of English vocabulary in the games, their parents are considering banning them from using computers. Phuc and Mai's parents want them to spend more leisure time outdoors playing sports, socialising with others or taking up a new hobby.

Choose the leisure activities that are more popular among teenagers according to the text.

☐ Socialising	☐ Checking facebook updates
☐ Hanging out with friends	☐ Playing computer games
☐ Rasing pet online	☐ Taking exercise
☐ Watching TV	☐ Reading books
☐ Playing sports	☐ Texting