



T	O	C	A	R	D	I	O	V	A	S	C	U	L	A	R	M	A
A	S	G	B	B	O	H	A	I	N	J	U	R	Y	A	X	F	C
B	T	J	K	R	D	Y	N	A	M	I	C	F	H	X	P	J	A
L	A	I	P	B	H	W	P	N	W	A	R	M	U	P	J	U	O
E	T	B	A	S	K	E	T	B	A	L	L	K	X	J	F	E	P
T	I	N	T	H	O	I	N	I	Q	H	O	D	R	S	Y	P	A
E	C	C	A	T	C	H	I	N	G	A	G	I	L	I	T	Y	S
N	B	U	A	L	Q	E	P	A	E	X	E	R	C	I	S	E	S
N	F	O	O	T	B	A	L	L	H	X	L	Q	H	T	J	V	I
I	S	H	O	O	T	I	N	G	U	G	B	J	M	P	W	D	N
S	B	L	A	T	E	R	A	L	M	O	V	E	M	E	N	T	G
X	B	S	T	R	E	T	C	H	I	N	G	J	O	O	I	W	S

Find the following words in the puzzle.
Words are hidden → ↓ and ↘ .

AGILITY
BASKETBALL
CARDIOVASCULAR
CATCHING
DYNAMIC
EXERCISE

FOOTBALL
INJURY
LATERALMOVEMENT
PASSING
SHOOTING
STATIC

STRETCHING
TABLETENNIS
WARMUP

