

English Plus 1

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Vocabulary

1 Find the odd word out in each group.

- 1 football / basketball / skiing
- 2 tennis / sailing / swimming
- 3 rugby / cycling / horse-riding
- 4 golf / hockey / judo
- 5 athletics / volleyball / tennis
- 6 climbing / skiing / hockey

2 Complete the sentences with the words in the box.

started did travelled went
became won competed

- 1 My sister around Australia last summer.
- 2 Andy Murray the Wimbledon tennis tournament in 2013.
- 3 Nadia Comăneci in the Montreal Olympics when she was fourteen.
- 4 Last year my family and I to Turkey.
- 5 I all my homework at school.
- 6 Pelé to play football for the Brazil national team when he was sixteen.
- 7 One Direction really famous in 2010.

Language focus

3 Complete the dialogue with the affirmative or negative forms of *was* or *were*.

Max ¹..... you at the sports show last night?

Tom No, I ²..... ³..... it good?

Max Good? It ⁴..... great! Becky and Raj
⁵..... there, too.

Tom Really?

Max Yes. There ⁶..... a lot of different sports
to try.

Tom No way! What sports?

Max Well, there ⁷..... judo. Then I did some
climbing and cycling.

Tom That sounds great!

Max I know. It ⁸..... so cool, but there ⁹.....
much time to talk to people. There ¹⁰.....
any famous climbers or cyclists, but there
¹¹..... a judo star there.

Tom ¹²..... it an Olympic champion?

Max No, it ¹³..... me!

Tom Ha, ha! Very funny, Max.

4 Write the past simple form of the verbs. Then decide if they are regular (R) or irregular (I).

1 learn

4 play

8 speak

2 give

5 come

7 finish

3 see

6 live

9 eat

5 Complete the text with the past simple form of the verbs in brackets.

Dr Ludwig Guttman

¹ (be) a

German doctor and he ² (work) in a hospital in England during the Second World War.

His patients ³ (have) serious problems with their backs, but Dr Guttman ⁴

(use) sport to help them. He ⁵ (begin) a sports competition at the hospital. Soon people

from other countries ⁶ (come) to the hospital games. In September 1960 the hospital

games ⁷ (change) to the Paralympics and the first competition ⁸ (take)

place in Rome. Athletes from twenty-three countries ⁹ (compete) in the events. Italy

¹⁰ (win) eighty medals!



Speaking

6 Choose the correct responses.

- 1 How was your weekend?
a No, thanks. b Yes, please. c Great, thanks.
- 2 I went to a tennis match.
a Hi, Beth. b Was it good? c OK, then.
- 3 Who were you with?
a My mum and sister. b Cool!
c The food was good.
- 4 Why don't you come next time?
a Bye. b Sure. Why not? c Yes, it was great.
- 5 Text me when you're going, OK?
a That's good news. b It was brilliant.
c OK, then.

Listening

7 2.20 Listen to two friends talking and answer the questions.

- 1 What did Louisa do at the weekend?
- 2 What did she write about?
- 3 When was the match?
- 4 Why was the match special?
- 5 Where were the players from?
- 6 How many games did the players play?