

WORKSHEET

Unit 1: Let's Get Moving – 3

I. Choose the correct words and write them on the lines. There is one example.

get fit rollerblading ~~sports~~ trampolining rappelling a charity

1. Activities that you do for pleasure and that need physical effort or skill, usually done in a special area and according to fixed rules.	sports
2. This activity is to move on a surface, wear boots with a single row of small wheels on the bottom of each.	
3. When you do this kind of activity, you go down a very steep slope by holding on to a rope.	
4. An organization for helping people in need.	
5. The sport that you can jump up and down on a strong round equipment.	
6. To do regular physical exercises to be healthy, strong and in a good shape.	

II. Complete the blanks with indefinite pronouns. There is one example.

0. ~~Someone~~ is talking to your dad. Who is it?
1. enjoyed the film. It was terrible.
2. I love the people here. is very friendly.
3. I didn't eat for lunch, so I'm really hungry now.
4. It wasn't funny. laughed.
5. I went to Pat's house but there wasn't there.
6. Do you know where I can practice badminton? I can't find
7. Linda understood that her teacher said.
8. James called his friend, but answered the phone.
9. Soccer is very popular now. Teenagers play it
10. Tom is humorous. likes him.

III. Complete the sentences with the verb forms of “present perfect, past simple or be going to”. There is one example.

1. It is a great movie. I *have seen* (see) that movie many times.
2. Yesterday I was sitting in the café when you (call) me.
3. I'm sorry, but I (not/ finish) my homework yet.
4. Rosy (buy) a new apartment next year.
5. They (not/ go) camping in the park yesterday morning.
6. John is going to have a picnic on the farm tomorrow, and he (ride) a horse with his sister.

IV. Read and fill in the blanks with no more than THREE WORDS. There is one example.

Marathon running for charity!

In April next year, Nick is going to run the London Marathon! The London Marathon is one of the largest marathons in the world - last year there were 36, 748 runners! Many runners choose to run for different charities, so often you can see runners in fancy dress - from people wearing clown costumes to people dressed up as chickens, to cartoon characters...

Nick is very excited because, although he has run half marathons before, and done 5K and 10K races, he has never run a whole marathon before. It will be a fantastic challenge, and he's very excited about seeing all the city landmarks along the way! A marathon is just over 26 miles (42 kilometers), so he has a lot of training to do before the big day!

He has spent the last two months in the south of France, and he has been eating croissants, baguettes, and cheese, and drinking wine, so he hasn't been following a marathon diet! However, he has found some lovely rural trails to run, and, as a result, he's explored the local area and has seen lots of beautiful countrysides.

Nick loves running because, although it is much slower than cycling, it allows him to really see everything around properly. He's not a very fast runner, but he always makes sure he enjoys every run he goes on! Nick has been a member of lots of different running clubs, and he has made so many friends through running.

1. Last year there were *36,748 runners* in the London Marathon.
2. Seeing all the along the way makes Nick feel really excited.
3. Before the big day, Nick has to do a lot of training because the marathon is just over kilometers.
4. Nick hasn't been following during the last two months in the south of France.
5. Although running is than cycling, Nick still loves it.
6. Nick has made a lot of friends through running because he has joined a variety of