

PRACTICE 1

Read the article about cyber addiction.

Choose the best words **(A, B, or C)** for each space.

Cyber Addiction



The internet offers undeniable benefits in developing a teen's ability **(0)** _____ grow with modern technology, technical ideas, knowledge and other skills. However, **(1)** _____ the internet, particularly the social networking websites, unsafely put the teenagers at very high risk for many problems. When children spend more than enough or agreeable time online, they **(2)** _____ to be cyber addicts. As they spend more time on social networking, gaming, and other websites, particularly adult sites, they suffer **(3)** _____ cyber addiction.

Cyber addiction can be just as **(4)** _____ as addiction to drugs or drinking alcohol. Teenagers **(5)** _____ spend unhealthy amounts of time on the Internet or online can undergo a condition recognized as Internet Addiction Disorder (IAD). Those who have IAD conditions **(6)** _____ experience distress, withdrawal symptoms including obsessive thoughts, tremors, and other mental and physical problems. Cyber addiction impairs the quality of their lives.

Parents should talk to their children and agree on a list of rules that **(7)** _____ say when to use the internet, which sites they should visit and what safety measures they should follow. Teachers can also **(8)** _____ safe browsing of the web at schools and colleges for teenage students.

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|---------------|-------------|------------|
| 0. A for | B to | C of |
| 1. A used | B uses | C using |
| 2. A tend | B put in | C lay off |
| 3. A from | B of | C for |
| 4. A harmful | B salutary | C pleasant |
| 5. A whose | B who | C what |
| 6. A should | B must | C may |
| 7. A gloomily | B darkly | C clearly |
| 8. A risk | B dare | C Ensure |

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Sesión No. 4

