

# Coping with Changes in Teenagers.

## 3.2 Social and Emotional Changes in teens.



- 1) What is not an influence that shapes the differences in a teenagers social and emotional development.?
  - a. Brain development
  - b. Family Background.
  - c. The sound of your voice.
  - d. Combination of genes.
- 2) As a teenager searches for their identity which is not a characteristic?
  - a. Keen to develop their own beliefs.
  - b. Do like to be seen with their parents.
  - c. They are easily influences by other teens.
- 3) How do teenagers develop independence?
  - a. They don't test their parents.
  - b. They want to be like the adults.
  - c. Dressing like models.
- 4) In what ways do teenagers desire to experiment?
  - a. They never take risks.
  - b. Teenagers never make mistakes.
  - c. Teenagers want to participate in risky activities.



- 5) What emotional changes happen?
  - a. Teenagers have unpredictable mood swings.
  - b. Emotional ups and downs never lead to conflicts.
  - c. Teenagers do not learn how to control emotions.
- 6) In what ways do teenagers become more self-conscious (more than 1 answer).
  - a. They more conscience of what others think of them.
  - b. Teenagers compare themselves to others around them
  - c. They want to look like their parents.