Colegio
Baden Powell

The skeletal and muscular systems

1. Label the pictures *bone*, *muscle* or *joint*.

_____ _____ _____

2. Tick the true sentences.

a. Bones are soft parts of our body. ☐
b. Muscles are soft parts of the body. ☐
c. Joints connect bones. ☐
d. Joints can contract and relax. ☐

3. Write ***V*** for voluntary movement or ***I*** for involuntary movement.

☐ You blink your eyes.
☐ You and a friend jump rope.
☐ Your heart beats.
☐ You kick a ball.

LIVEWORKSHEETS