

**A** Choose the correct words to complete the sentences.

*I often feel **bored** at work.  
(NOT I often feel ~~boring~~ at work.)*

1. I get really **frustrated** / **frustrating** when I call somewhere and they put me on hold. It's very **annoyed** / **annoying**.
2. We watched a really **bored** / **boring** TV show last night. I actually fell asleep.
3. I'm really **excited** / **exciting** about my trip. I'm going to Hong Kong.
4. It's really **embarrassed** / **embarrassing** when you forget someone's name.
5. I get really **confused** / **confusing** when movie plots jump around.
6. I wasn't able to get tickets to see my favorite band. I was so **disappointed** / **disappointing**.
7. I heard something **surprised** / **surprising**. Coffee might actually be good for you.
8. We went whitewater rafting recently. It was **amazed** / **amazing**.
9. My sister forgot my birthday. I was **shocked** / **shocking**.
10. We went on a huge roller coaster last weekend. It was really **scared** / **scary**.
11. I think documentaries about space are really **fascinated** / **fascinating**.
12. All of my friends think golf is **interested** / **interesting** to watch. I have no idea why.

**B Pairwork** Make the sentences above true for you. Tell your partner.