



Fruits from Asia



Direction : Fill in the blank

1	The kiwi fruit is originally from China. The small _____ fruit gets its name from the native bird of New Zealand, the kiwi.
2	Both the fruit and bird have _____ brown skin.
3	Inside, the fruit is bright green with tiny black seeds. It tastes like a _____ of a _____, a _____, and a _____.
4	But the kiwi is much more than an _____. According to recent studies, the kiwi has the most nutrients of all fruits.
5	It is an excellent source of vitamin C, and it is good for colds and _____.
6	Studies show that kiwi can help children with breathing problems and coughs.
7	Kiwis also help reduce the fats in one's blood, and so they help keep the heart healthy.
8	The mangosteen is native to Southeast Asia.
9	On the outside, the fruit is a _____ purple color and has a small green crown near the stem.
10	The fruit is white on the inside.
11	The mangosteen tastes like a combination of _____ and _____, and it is sweet and sour.
12	The people of Southeast Asia use the mangosteen for _____ purposes.
13	The skin is used to treat _____ reduce pain, and control fever.
14	A tea made from the _____ is also good for stomach problems.
15	Powder from the dried fruit is used for skin _____.
16	It's not surprising people in Thailand call it the "Queen of Fruits."

Name.....Class.....No