

TEST 4

I. Choose the correct answer in each sentence.

- You should eat a lot of fruits and vegetables because they _____ vitamin A, which is good for the eyes.
A. Run B. take C. provide D. get
- The health _____ from that diet expert is that you should eat less junk food and count your calories if you are becoming fat.
A. advices B. ideas C. answers D. tips
- The seafood I ate this morning makes me feel _____ all over.
A. itchy B. weak C. running D. well
- If you want to be fit, stay outdoors more and do more _____ activities.
A. physics B. physic C. physical D. physically
- Do more exercise _____ eat more fruit and vegetables.
A. and B. so C. but D. although
- After working in computer for long hours, you should _____ your eyes and relax.
A. wake B. rest C. sleep D. sleep in
- Find the word which has a different sound in the underlined part.
A. put B. adult C. junk D. sun
- Find the odd one out A, B, C or D.
1. A. tired B. weak C. sick D. temperature

II. Look at the advice for a healthy lifestyle, and complete the sentences using *more or less*.

- You have a toothache. Eat _____ candy.
- Get up early and do _____ exercise.
- The examination is coming. Play _____ video game.
- Watch _____ television and you can protect your eyes.