



## A Clean and Healthy Body.

1. Select the right words and write them.

- a. We cut our nails with a \_\_\_\_\_. (knife, nail cutter)
- b. We must take a bath \_\_\_\_\_. (everyday, once a week)
- c. We comb our hair with a \_\_\_\_\_. (toothbrush, hairbrush)

2. Match the following:

A.

Wash your hands after playing outside,  
going to the toilet and before you eat.

Wear clean clothes, underwear and socks  
every day.

Comb or brush your hair and wash it  
regularly.

Brush your teeth in the morning and at  
night.

Have a shower or bath two times a day.  
Wash your body with soap.

Do not eat food that has dropped on the  
ground.

Do not share personal items such as your  
toothbrush with others.

B.

