READING

A Think about your close friends. Are their personalities similar to or different from yours?

B 4.01 Read this article about different personality types. Then choose the correct option.

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WHAT'S YOUR PERSONALITY TYPE?

Are you friendly and outgoing? Or are you the quiet type? Do you like to work as part of a team or do you prefer to work alone? Psychologists try to understand people by studying their personalities. Read on to find out more about four different personality types.



Type As

Type As are often successful, professional people. They are very organized and focused, and they work hard to succeed. Sometimes, they can be impatient with co-workers who aren't as hard-working as they are. They enjoy taking risks, but get stressed easily.



Type Bs

Type Bs are usually easygoing and don't get stressed. They love to spend time with friends and have fun. Usually, they're cheerful and optimistic. Their worst characteristics are that they can be lazy and take a long time to make decisions.



Type Cs

Type Cs are interested in small details and numbers. They are very good problem solvers. They like to be alone and don't always like working as part of a team. They are often shy and find it hard to communicate. Type Cs get as stressed as Type As at work. Take time to relax, Type Cs!



Type Ds

Type Ds aren't as optimistic as Type Bs. In fact, they can be very pessimistic. They often worry, see the negative side of things, and get depressed when things are hard. They like to feel comfortable and don't like to take risks. However, they are patient and hard-working.

Remember that most people are a mix of these different types. It's unusual to find a person who is only one personality type.

1 Type D people **enjoy** / **don't enjoy** taking risks.
2 Type C people find it **easy** / **hard** to relax.
3 Type B people have a **positive** / **negative** view of the world.
4 Type A people **are** / **aren't** hard-working.

C READING SKILL—Summarize Complete the summary for Type B people using words from the article in B.

Type B people like having 1 _____. They are usually sociable and 2 _____. They have a/an 3 _____ view of life, but they can be 4 _____ and can take time to decide things.

D THINKING SKILL—Apply Explain what personality type you think you are. Why? How about your friends and family?

VOCABULARY

A Match the words from the box to the definitions (1-6).

depressed easygoing impatient lazy optimistic shy

1 _____: quiet; nervous and embarrassed
2 _____: very relaxed; calm
3 _____: sad; very unhappy
4 _____: not wanting to work
5 _____: positive; thinking good things will happen
6 _____: annoyed because something isn't happening quickly



LIVEWORKSHEETS