

TOPIC: SEXUAL REPRODUCTION IN HUMAN

Name

EXERCISE: PUBERTY AND MENSTRUATION

1. Figure 1 shows type of cell made by the male reproductive organ.



Figure 1

What organ produces the cell shown above?

- A. Penis
B. Sperm duct
C. Testes
D. Urethra



2. Figure 2 shows the female reproductive system. What is the function of the part labelled X?

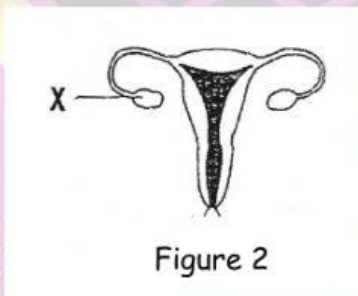


Figure 2

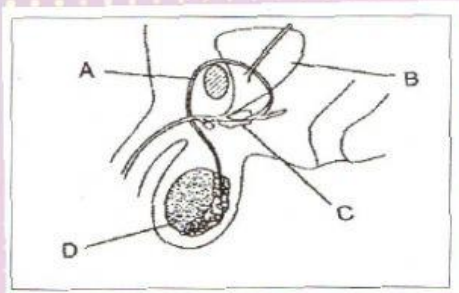
- A. To collect ovum.
B. To produce nutrients for sperm.
C. To produce ova and sex hormones.
D. To produce sperms and sex hormones



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3. Figure 3 shows parts of the male reproductive system. Which labelled parts A, B, C or D produces male hormones that give secondary sexual characteristics in puberty boys?

Figure 3



4. A woman has a 28-day menstrual cycle. If her menstruation starts on 19th April, on which of the following dates will she expect ovulation take place?

A. 23rd April
B. 3rd May
C. 26th April
D. 9th May



5. Menstruation occurs on the Day on the menstrual cycle.

A. 1st to 5th
B. 6th to 10th
C. 11th to 18th
D. 19th to 28th



6. Ovulation usually takes place about once every

A. 10 days
B. 28 days
C. 20 days
D. 365 days



7. During puberty, which of the changes does not happen in girl?

A. Hair grows in the armpits.
B. Menstruation starts.
C. Voice box enlarges so voice deepens.
D. Hips become wider and rounder.



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8. Give the correct order for the menstrual cycle.
- A. Ovulation → uterus lining starts to grow → uterus lining thickens → uterus lining discharged.
 - B. Ovulation → uterus lining thickens → uterus lining starts to grow → uterus lining discharged.
 - C. Uterus lining starts to grow → ovulation → uterus lining thickens → uterus lining discharged.
 - D. Uterus lining starts to grow → uterus lining thickens → uterus lining discharged → ovulation.

9. The menstrual cycle is shown in Figure 4 below.

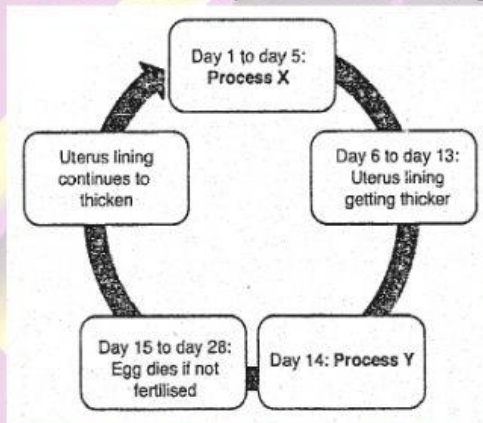


Figure 4

Name process X and process Y.

	Process X	Process Y
A.	Menstruation	Ovulation
B.	Ovulation	Menstruation
C.	Fertilisation	Period
D.	Puberty	Menstruation

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10. Boys and girls experience physical changes during puberty. Which of the following statements are correct physical changes during their puberty?

	Boys	Girls
A.	Breasts grow bigger	Voice breaks and become deeper
B.	Breasts grow bigger	Menstruation starts which comes with painful cramp
C.	Shoulders widen and height increases	Body becomes more muscular
D.	Voice breaks and becomes deeper	Menstruation starts which comes with painful cramp

