

B Read the information about Denmark. Then write the main idea of the paragraph.

It's hard to be happy when you're unhealthy. According to the 2014 World Database of Happiness, Denmark is the second happiest country in the world, and most Danes are fit. They have a lower rate of obesity than many of their European neighbors. Danish cities are designed so it's easy to walk or cycle from one place to another. For instance, many roads in Copenhagen have a special lane just for cyclists. And with a 30-minute walk, you can go from the city of Copenhagen to the ocean, where you can sail or swim, or to the woods, where you can hike. Everyone has easy access to recreation.

Main Idea: 1. Being healthy makes people feel happier.
2. Denmark is the second happiest country.
3. Danish cities are designed so it's easy to walk or cycle from one place to another.
4. Everyone has easy access to recreation.