



## Activity 1. Watch the video and choose the correct answer.

1. What is Olivia's favourite sport?

- a. basketball                      b. tennis                      c. soccer

2. Why does Olivia like this sport? Because...

- a. her friends play it              b. her family plays it              c. her friends and family play it

3. What are Noah's favourite sports?

- a. soccer and tennis              b. swimming and tennis              c. running and tennis

4. Why does Noah like these sports? Because he ...

- a. swims perfectly              b. likes swimming in the lake              c. can swim in the beach

5. Does Scarlett really like the water?

- a. Yes, she does                      b. No, she doesn't                      c. she doesn't say it...

6. Does Lucas like more than two sports?

- a. Yes, he does                      b. No, he doesn't                      c. he doesn't say it...

7. Is it important for Lucas his parents' opinion?

- a. Yes, it is                              b. No, it isn't                              c. it is impossible to know

8. Why do Lucas and Thomas like sports? Because we ...

- a. eat mussels                      b. move our muscles                      c. move our fingers

9. Who is the oldest kid?

- a. Noah                                      b. Thomas                                      c. Scarlett

10. Who is the youngest kid?

- a. Noah                                      b. Thomas                                      c. Scarlett

## Activity 2. Read and choose the best answer.

**SPORTS INFORMATION SHEET**

*Name of sport:*  
**windsurfing**

*Equipment:*  
You need a board and a sail to do this sport. You need to wear a helmet and a life jacket, too.

*How to do the sport:*  
You stand on the board and you use the wind to move. The wind blows you along the beach or across a lake.

*Safety:*  
 ✓ Always use the correct equipment.  
 ✓ Always check the weather before you sail.  
 ✗ Never practise where people are swimming.  
 ✗ Never sail alone or far from the beach.

*Famous windsurfers:*  
Bryony Shaw is a British windsurfer. She's got an Olympic medal for windsurfing and she takes part in competitions all around the world.

*Interesting facts:*

- Windsurfing is more than 50 years old.
- Top windsurfers can travel at 80 km an hour.
- Windsurfers can surf on waves that are bigger than a house.



1.- What kind of text is it?

a.- a story

b.- an information sheet

c.- a comic

2.- What do you need to practise windsurfing?

a.- a board and a sail

b.- a board and a helmet

c.- a sail and a life jacket

3.- Why does the board move? Because of...

a.- the water

b.- the body

c.- the wind

4.- Is it important to check the weather before you sail?

a.- Yes, it is

b.- No, it isn't

c.- the information doesn't appear in the text

5.- Is it a good idea to sail where people are swimming?

a.- Yes, it is

b.- No, it isn't

c.- the information doesn't appear in the text

6.- Bryony Shaw is...

a.- a boy

b.- a girl

c.- a tennis player

7.- Did Bryony Shaw win any competition?

a.- Yes, she did

b.- No, she didn't

c.- the information doesn't appear in the text

8.- Did people start windsurfing in 1990?

a.- Yes, they did

b.- No, they didn't

c.- the information doesn't appear in the text

9.- Can windsurfers surf enormous waves?

a.- Yes, they can

b.- No, they can't

c.- the information doesn't appear in the text

10.- Can top windsurfers travel at eighty kilometres an hour?

a.- Yes, they can

b.- No, they can't

c.- the information doesn't appear in the text

## **WRITING**

### **Activity 3. Complete the following sentences using the present simple tense.**

1. He \_\_\_\_\_ (like) playing tennis.
2. She \_\_\_\_\_ (run) very fast.
3. I \_\_\_\_\_ (swim) in the beach.
4. Top windsurfers \_\_\_\_\_ (travel) at 80 km an hour.
5. My mum and dad \_\_\_\_\_ (play) basketball perfectly.
6. I \_\_\_\_\_ (not like) dancing.
7. He \_\_\_\_\_ (not jump) high.
8. They \_\_\_\_\_ (do) exercise every day.
9. Do you \_\_\_\_\_ (like) playing badminton?
10. \_\_\_\_\_ she train every Monday?

