

Vocabulary: Sleep

alarm blankets dreams duvet fall keep you awake
jet lagged log insomnia nap nightmares oversleep pillow
sheets set sleeping tablets sleepy snore yawn

Choose a word from above to complete the sentence.

1. Most people start feeling _____ around 11:00 at night.
2. They often open their mouth and _____.
3. They go to bed and _____ their _____ clock.
4. They get into bed and put their head on the _____.
5. They cover themselves up with a _____, or with _____ and _____.
6. Soon they _____ asleep.
7. Some people make a loud noise when they breathe. They _____.
8. During the night people have _____ or _____.
9. If you don't hear your alarm in the morning, you might _____.
10. If you drink coffee in the evening, it might _____.
11. Some people can't sleep because they suffer from _____.
12. These people often have to take _____.
13. Some people have a _____ after lunch.
14. A person who sleeps well 'sleeps like a _____'.
15. Someone who is tired after flying to another time zone is _____.

