

# Vocabulary

## Connecting to Real Life

You will remember words better if you can apply them to your own life. When you learn a new word, try to use it in a sentence that applies to your life. For example, for the word **achieve**, think about what you can achieve: **I can achieve my goal of making a model plane.**

1 Watch the video. What goal is Max working on? ▶



✦ Watch again. What two techniques do the friends use to reach their goals?

## Goal Adjectives

realistic

## Goal Nouns

goal  
list  
plan  
progress  
step

## Planning Verbs

achieve  
carry out  
check  
improve  
plan  
reach  
set

2 Complete the flow chart with the correct words.

carry out improve list plan progress reach realistic set



3 Choose a goal. Describe the steps you need to take to achieve it.