

Name:

Exercise I: Complete the dialogues with the words.

lazy	fit	healthy	ill
hungry	thirsty	tired	unfit

1	Look, Paul is sitting down.' Is he _____ after the game of football?
2	Can you run up this mountain with me?' "No! I'm very _____ because I never do any exercise.'
3	Do you want a drink?' 'Yes, please. I'm very _____.'
4	Fatima isn't at school.' Is she _____?
5	Is this drink _____?' No, it's very bad for you as it contains high sugar level.'
6	My brother never helps with the housework!' 'Is he always _____ at home?'
7	I'm really _____!' It's OK. I can make you a sandwich.
8	Is Syifa _____?' 'Yes, she swims and plays basketball every week.'

Exercise 2: Listen and choose.

1	Poppy sometimes has fizzy drinks.	True	False
2	Ben doesn't drink much water.	True	False
3	Poppy has school dinners.	True	False
4	Poppy sometimes plays basketball after school.	True	False
5	Ben can have chocolate or crisps at school.	True	False
6	Poppy is very fit.	True	False
7	Ben gets up at 10.30 a.m.	True	False