



PERÚ

Ministerio
de Educación

APRENDO
en casa

LEARNING EXPERIENCE 6

English: Level Pre A1

Let's Go Green!

Activity 1: My Daily Routine

LET'S OBSERVE!

Order the actions.

6:00 o'clock

1.

B

9:00 o'clock

4.

7:00 o'clock

2.

1:00 o'clock

5.

8:00 o'clock

3.

A.



have lunch

B.



get up

C.



have breakfast

D.



attend online classes

E.



take a shower



LET'S LISTEN AND READ!

Listen to and read Elena's daily routine.

My **eco-friendly,**
daily routine

Hello! My name is Elena. I am 13 years old.
This is my eco-friendly, daily routine.



Let's go green!

1.



Usually, I get up at 6:00 o'clock in the morning.

2.



I take a shower in the morning. I use **plastic-free** shampoo.

3.



I brush my teeth. I use a **biodegradable** toothbrush.

4.



Then I get dressed. **Usually, I wear recycled clothing.**

5.



I have breakfast at 7:00 o'clock. I **eat a plant-based breakfast.** For example: an apple, cereals, an orange juice and an avocado sandwich.

6.



I attend my online-classes from 8:00am to 12:00pm. I **unplug my laptop or mobile phone when I finish.**

7.



I have lunch at 1:00pm in the afternoon. I **don't eat packaged products.**

8.



Generally, I wash the dishes.

9.



I **ride my bike** in the afternoon.

10.



I chat with my friends on the phone.

11.



I do my homework in the afternoon.

12.



Generally, I water the garden in the afternoon. I **use recycled water for the plants.**

13.



I watch TV in the evening. I **unplug the TV when I finish.**

14.



Usually, I have dinner at 7:00pm in the evening.

15.



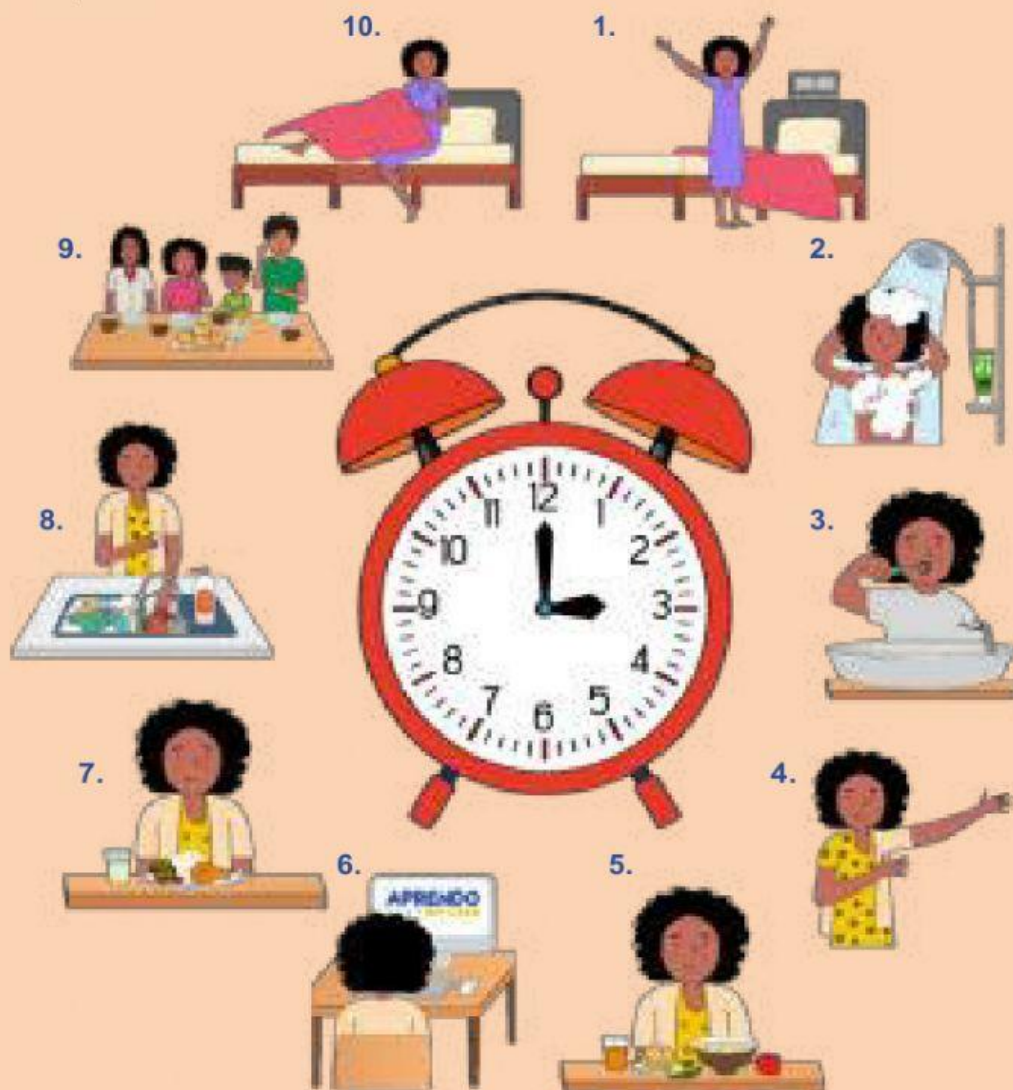
Finally, I go to bed at 10:00 at night.



LET'S UNDERSTAND!

UNDERSTAND-EXERCISE 1

Match the pictures.



Example:

A. 1 I get up.

E. I brush my teeth.I. I attend classes.B. I take a shower.F. I go to bed.J. I wash the dishes.C. I have dinner.G. I have a breakfast.D. I have lunch.H. I get dressed.



UNDERSTAND-EXERCISE 2

Complete the sentences about Elena's routine. Go back to the text if necessary.

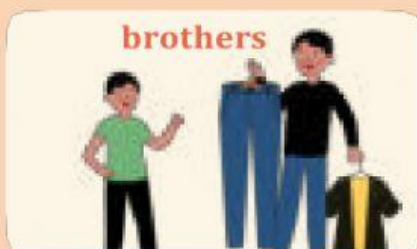
Example:



Eco-friendly, daily routine

Let's go green!

I use plastic-free shampoo.



1. I _____ recycled clothing.



2. I _____ my laptop when I finish.



3. I _____ recycled water for the plants.



4. I _____ a plant-based breakfast.



5. I _____ the TV when I finish.



¿Sabías que hay estándares internacionales sobre lo que puedes hacer con el inglés? Aquí algunas preguntas sobre lo que puedes hacer en inglés.



1. ¿Puedo reconocer acciones de mi vida cotidiana en inglés? **SÍ - NO**

This is the end of Activity 1. You are doing a great job!

Continue with Activity 2. Bye-bye!



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