



Name: \_\_\_\_\_ Grade: \_\_\_\_ Date: 31/08/2021

**Activity 1: My daily routine**

**Goal - Propósito:** Comprender textos breves y sencillos en inglés sobre rutinas ecoamigables.



Order the actions - Ordena las acciones. Escribe la letra en el recuadro

6:00 o'clock

7:00 o'clock

8:00 o'clock

9:00 o'clock

1:00 o'clock

A



have lunch

B



take a shower

C



get up

D



have breakfast

E



attend online classes



Listen and read – Escucha y lee el texto

**My eco-friendly, daily routine**

Hello! My name is Elena. I am 13 years old. This is my eco-friendly, daily routine.



Let's go green!

1. Usually, I get up at 6:00 o'clock in the morning.

2. I take a shower in the morning. I use **plastic-free** shampoo.

3. I brush my teeth. I use a **biodegradable** toothbrush

4. My sister Betty  
Then I get dressed. Usually, I **wear recycled** clothing.

5. I have breakfast at 7:00 o'clock. I **eat a plant-based** breakfast. For example: an apple, cereals, an orange juice and an avocado sandwich.

6. I attend my online-classes from 8:00am to 12:00pm. I **unplug my laptop or mobile phone** when I finish.

7.



I have lunch at 1:00pm in the afternoon. I **don't eat packaged products.**

8.



Generally, I wash the dishes.

9.



I **ride my bike in the afternoon.**

10.



I chat with my friends on the phone.

11.



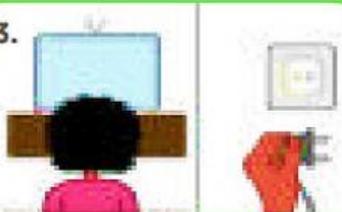
I do my homework in the afternoon.

12.



Generally, I water the garden in the afternoon. I **use recycled water for the plants.**

13.



I watch TV in the evening. I **unplug the TV when I finish.**

14.



Usually, I have dinner at 7:00pm in the evening.

15.



Finally, I go to bed at 10:00 at night.

3

**Match the pictures - Escribe el número de la imagen al lado de la frase correcta.**

a. I get up.

b. I have dinner.

c. I go to bed.

d. I have lunch.

e. I take a shower.

f. I attend classes.

g. I wash the dishes.

h. I get dressed.

i. I brush my teeth.

j. I have breakfast.

10.



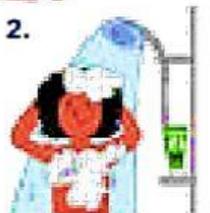
1.



9.



2.



e. I take a shower.

8.



3.



g. I wash the dishes.

7.



4.



h. I get dressed.

6.



5.



i. I brush my teeth.

j. I have breakfast.





Complete the sentences about Elena's routine. Go back to the text if necessary.  
 Completa las oraciones sobre la rutina de Elena. Revisa el texto (2) si es necesario

Example:



Eco-friendly, daily routine  
 Let's go green!

I use plastic-free shampoo.

UNPLUG  
 (X2)

USE

EAT

WEAR



1. I \_\_\_\_\_ recycled clothing.



2. I \_\_\_\_\_ my laptop when I finish.



3. I \_\_\_\_\_ recycled water for the plants.



4. I \_\_\_\_\_ a plant-based breakfast.



5. I \_\_\_\_\_ the TV when I finish.



Evalúa tu aprendizaje. Escribe un X en el lugar que creas conveniente

CRITERIOS	Lo logré	Estoy en proceso de lograrlo
¿Ordeno acciones según las horas del día, de acuerdo al vocabulario de rutinas?		
¿Puedo reconocer acciones que Elena realiza, infiriendo a partir de las imágenes?		
¿Puedo completar frases sobre acciones ecoamigables de acuerdo a las imágenes que veo?		