

Feelings

Match the adjectives in the box below to the feelings in the movie *Inside Out*.

Then underline the right adjective in the sentences.



afraid ● alarmed ● annoyed ● bitter ● blue ● cheerful ● cross ● delighted
depressed ● eager ● envious ● ecstatic ● frightened ● furious ● glad ● gloomy
grumpy ● homesick ● irritated ● miserable ● nasty ● scary ● sick ● upset ● worried

Joy



Disgust



Fear



Anger



Sad



- Mary was a **nasty** / cheerful / gloomy person who started rumours about all kinds of people.
- I'm **irritated** / eager / upset to show you my new laptop. I love it. It's amazing!
- Mum was so **delighted** / homesick / cross with me when she saw that my room was really untidy.
- Karl is always **envious** / afraid / grumpy in the morning. He doesn't like talking to anybody.
- Rainy days make many people feel **blue** / furious / scary.
- I have felt **alarmed** / cross / homesick since she moved out. I miss my friends and my old house.
- Erin felt **ecstatic** / gloomy / frightened when she split up with her boyfriend.
- I'm really **worried** / miserable / cheerful about my exams results. The last one was so hard!
- My friend is **depressed** / envious / eager of my success. She always wants to be the best!
- Tom was absolutely **upset** / delighted / worried with my birthday present. He smiled and thanked.
- Ann felt **delighted** / annoyed / sick when she heard her brother shouting while she was studying.
- The little boy feels **depressed** / grumpy / glad because his dog has just died.
- This morning my boss was **ecstatic** / frightened / irritated when I arrived late again.
- Dishonest people make me feel **blue** / sick / gloomy.
- People in Paris are really **bitter** / alarmed / glad with the terrorist attacks.
- She was **ecstatic** / gloomy / grumpy to learn that she was soon to be a grandmother. Great news!
- Erin felt **scary** / miserable / afraid after she lied to her friend. She is really sorry now.
- Fiona is a **bitter** / cheerful / homesick old neighbour of mine. She can't stand children.