



Escucha el audio de la actividad 1.

Our Actions Impact the Planet

A. Listen to and read the article

The Planet needs our help and there are big and little actions we can do. Every day we do actions that impact the planet negatively without realising. The first step to change this situation is to analyse what we do at home, in our daily routine. We asked two teenagers about their routine: Marco and Camila. Do their actions impact the environment positively or negatively?

Marco is a 16-year old teenager. He lives in Tacna. Every morning Marco often takes a quick shower, in this way he saves water. When he goes to the market, he always takes his recycled bags with him. He goes shopping for food but he never buys packaged food. As for his clothing, he never throws away his old clothes; he usually fixes or donates his old shirts and pants. Finally, Marco always sorts the garbage into plastic, paper and organic. He says: "I do my best to help the environment every day."

However, Camila who is also a 16-year old teenager is not really aware of what actions help the environment or not. She confesses she pays little attention to her everyday actions. She takes a long shower in the morning. She likes spending 15 to 20 minutes in the shower. When she goes shopping for food, she always comes home with a lot of new plastic bags from the supermarket. She always buys bottled water and packaged food. She generates a lot of garbage at home and she throws plastic, paper and organic garbage in one bag only. When we ask Camila about her clothing, she says she never recycles or reuses anything. She usually throws away her old clothes and buys new clothes. Camila says: "Honestly, I feel I need to change most of my habits."

Our actions can save or destroy the planet. Are you aware if your actions help or damage the environment?



B. Match the habit with the person and complete the sentences.



Marco ...



Camila ...

1. ... never buys packaged food.
2. ... never _____ or _____ anything.
3. ... _____ a quick shower.
4. ... always _____ bottled water.
5. ... never _____ his old clothes.
6. ... always _____ the garbage into plastic, paper and organic.
7. ... _____ a long shower.

C. Complete the sentences with the correct name. Write Marco or Camila.

1. _____ needs to continue with his/her routine. He/She is helping the planet.
2. _____ thinks he/ she needs to change his/ her everyday actions.
3. _____'s actions have a positive impact on the environment.
4. _____'s actions have a negative impact on the environment.