

5.6 Listening and Writing

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3 Listen and complete the notes.

1 **Steve Roberts:** basketball *coach*

2 **Practise:**  times a week

3 **Good snack before game:** some 

4 **In a match:** players have to think and move 

5 **Before a match:** do a warm-up to get your  ready

6 **To win:** you have to stay 