

Unit 2: HEALTH

: Listen and choose the best option to complete the sentence.

1. **What are doctors in Britain worried about?**
 - A. health of teenagers
 - B. health of the older
 - C. health of children
 - D. health of the doctors themselves
2. **What do teenagers not eat much?**
 - A. chips
 - B. crisps
 - C. fast food
 - D. vegetable
3. **Why do teenagers not eat good food?**
 - A. they do not like it
 - B. it is expensive
 - C. it is unhealthy
 - D. it is dirty
4. **Where did fast food originate?**
 - A. England
 - B. Australia
 - C. America
 - D. Vietnam
5. **What is not one of the fast food brands?**
 - A. McDonald's
 - B. Pizza Hut
 - C. Tom and Jerry
 - D. Burger King
6. **What is not a type of fast food?**
 - A. hamburgers
 - B. apples
 - C. fries
 - D. sandwiches
7. **Why is fast food unhealthy?**
 - A. it does not contain salt and fat
 - B. it is made dirtily
 - C. it does not contain vitamins and minerals
 - D. it has too much vitamins and minerals
8. **Why do teenagers need a good diet?**
 - A. to live healthily
 - B. to live longer
 - C. to live better
 - D. all of the above are correct

: Listen and decide if each statement is true or false or not given.

No.	Statements	T	F	NG
1.	Sheila is a student.	☐	☐	☐
2.	Sheila takes a bath after school.	☐	☐	☐
3.	Sheila has vegetables and meat for lunch.	☐	☐	☐
4.	Sheila does not like juice, but she likes mineral water.	☐	☐	☐
5.	Sheila plays tennis In the afternoon.	☐	☐	☐
6.	Sheila does not do any sport activities.	☐	☐	☐
7.	Sheila eats many fruits.	☐	☐	☐
8.	Sheila usually goes to bed after 11 p.m.	☐	☐	☐