

A closer look 2: Imperative with *more* and *less*

I. Complete the imperatives with *more* or *less*, using the verbs in the box.

play drink eat read sleep spend watch do

1. _____ video games or your eyes will be hurt.
2. _____ fruit, vegetables or nuts because they are healthy.
3. _____ if you want to be more active.
4. If you want to improve your knowledge, _____ books.
5. _____ TV because too much TV is really bad for your eyes.
6. If you're outside on a hot day, _____ water.
7. _____ exercise, and you will feel fitter and healthier.
8. _____ time on social media, so you can focus on your tasks.

II. Fill in the blanks with *more* or *less*

1. Drink _____ water because it is very essential for your body.
2. Sit _____ in front of the TV or a computer if you don't want your eyes to be hurt.
3. Eat _____ healthy foods like fruits, vegetables or fish. You will stay in shape.
4. Exercise _____ , and count calories when eating. This can help you lose weight.
5. Eat _____ high-fat food to avoid obesity.
6. Stay outdoors more and do _____ physical activities. You will be more healthy and active.
7. Spend _____ time playing computer games.
8. Sunbathe _____ to avoid sunburn.
9. Take _____ public transportation. You can save a lot.