

Unit 1

Feeling Fit

1 Look and write.

a back

a shoulder

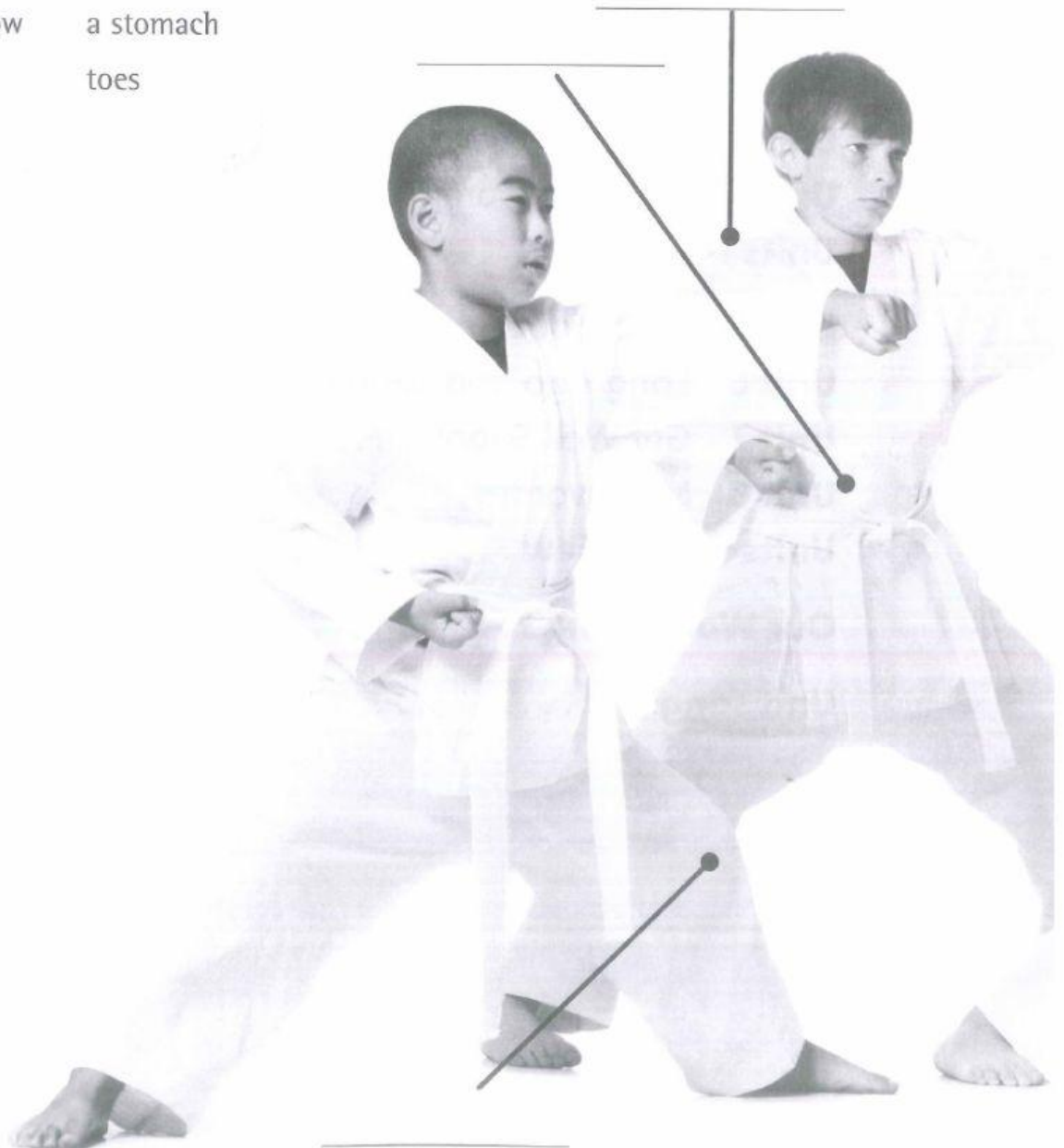
an elbow

a stomach

fingers

toes

a knee



2 Circle the best answer.

1. I have ten **knees** / elbows / fingers.
2. I have two **shoulders** / toes / backs.
3. I have one **knee** / muscle / stomach.
4. Exercise builds strong **fingers** / muscles / knees.
5. Exercise builds healthy **bones** / toes / elbows.

