

NAME :

CLASS :

FORM 2 : UNIT 9 INTEGRATED SKILLS

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- Remember to take some **plasters** with you in case you get a blister on your foot from too much walking. Take some **antiseptic cream** too. Use it if you cut yourself by accident.
- Take a **bandage** if you are travelling to a country where there are snakes. If you get a snake bite on your arm or leg, wrap the bandage tightly around the bite.
- You should always put some **sun cream** on your skin before you go out in the sun so that you don't get sunburn.
- Do you always get mosquito bites in hot countries? Remember to take some **insect repellent** to spray over you when you go out at night.
- The heat can sometimes give you a headache. Put a box of **aspirins** in your suitcase and take one or two aspirins with a glass of water.
- Take some **mints** on holiday. Eat a mint if you feel sick when you are travelling.



READ THE ADVICE AND ANSWER THE QUESTIONS.

1. What should you put on a blister?
2. What should you do if a snake bites you?
3. What should you always wear in the sun?
4. When should you use the insect repellent?
5. What should you do if you get a headache?
6. What should you do if you feel sick when you're travelling?

wrap a bandage
tightly around the bite

suncream

a plaster

eat a mint

take one or two
aspirins with a glass of
water

when you go out
at night



LISTEN AND CHOOSE THE CORRECT ANSWER

1. With this app, you can
 - A) talk to a real doctor
 - B) learn what to do in an emergency
2. You can ...
 - A) hear some advice.
 - B) watch and listen to someone giving advice
3. The girl once had a ...
 - A) bee sting
 - B) snake bite
4. The app gives information about...
 - A) different kind of medicine
 - B) local chemists
5. The boy is planning to go...
 - A) camping
 - B) mountain climbing