

TOPIC 2- HEALTH

Task 2. Listen to the radio show about health facts or myths

Work in pairs. Discuss and write F (fact) or M (myth) for each statement.



HEALTH FACTS OR MYTHS? 	FACT OR MYTH
1. People who smile more are happier, and they live longer.	
2. Sleeping in at the weekend helps you recover from a busy week.	
3. Eat more fresh fish, like sushi, and you will be healthier.	
4. Sitting too close to the TV hurts your eyes.	
5. Pick up food you drop quickly, and it's safe to eat.	
6. Vegetarians don't get enough vitamins in their food.	

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