

1) Write the time using the 24-hour notation

Example: 2.12 a.m. = 0212 hours      5.25 p.m. = 1725 hours

a) 4 a.m. =                          hours

b) 2.30 p.m.=

c) 10.13 p.m.=

d) 4 p.m.=

2) Write the time using the 12-hour notation

Example: 0925 hours = 9.25 a.m.      1932 hours = 7.32 p.m.

a) 0150 hours=

b) 2110 hours =                          p.m.

c) 1340 hours =

d) 1100 hours =

3) Convert time hours minutes seconds

a. 3 hours 30 minutes =                          min

b. 2 minutes 5 seconds =                          seconds

c. 4 days 4 hours =                          hours

d. 36 hours =                          days                          hours

e. 6,000 seconds =                          minutes =                          hours                          minutes                          seconds