

2 Use of English Circle the correct adverb of degree.

If you are planning to visit the Arctic or Antarctica, then be prepared for **quite/very** ⁽¹⁾ cold weather, for example -40°C . The polar regions are at the top and bottom of the Earth and are **extremely/a little** ⁽²⁾ dry, too. There is very little rain.

Summer in the polar regions is **a little/quite** ⁽³⁾ long – it lasts for six months! It's not hot, but luckily, it's **a little/extremely** ⁽⁴⁾ warm so animals can come out of their snow holes and look for some food.