

-DESCRIBING A DISEASE-

ILLNESS – a condition in which the body or a part is ill – usually a temporary connotation

SICKNESS – a condition of low severity such as the flu

DISEASE – a more severe or even chronic condition

A disease will show itself with specific signs and symptoms.

-Sign: It is a body alteration which can be seen and/or measured in an objective way;
example: *fever*.

-Symptom: It is the subjective manifestation of disease, which is subjective, and cannot be accurately measured. Example: Pain.

Exercise: align the signs and symptoms in the proper column accordingly to their nature.

PETECHIAE	ITCH	HEADACHE	STUFFED NOSE	SKIN RASH
NODULE	SPOT	LUMBALGIA	COLICS	NUMBNESS
DYSPAREUNIA	NASAL DISCHARGE	SERUM EXUDATE		
CONJUNCTIVAL INJECTION	HYPOSPHAGMA	COUGH		
WHEEZES	TACHYPNOEA	CYANOSIS	STUFFED CHEST	

SIGNS	SYMPTOMS