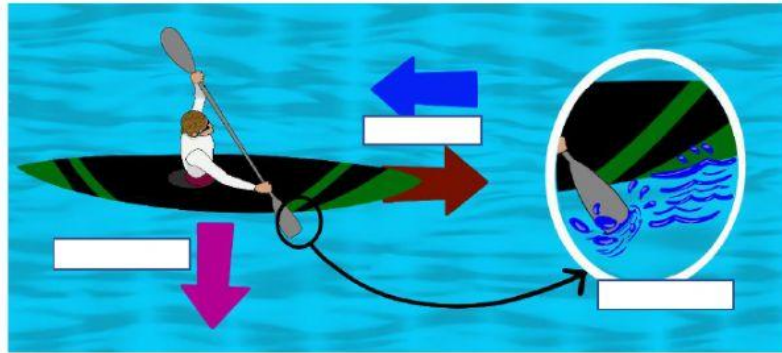


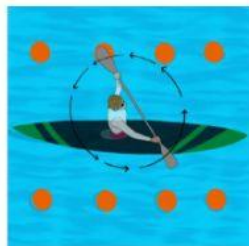
CANOEING

NAME: _____

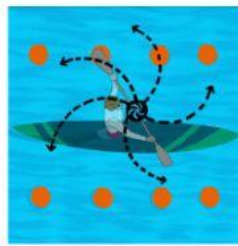
FORCES



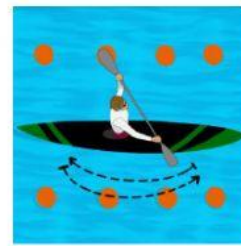
MOTION OF PADDLE



circular

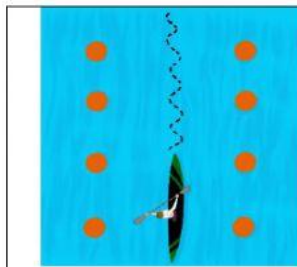


rotational

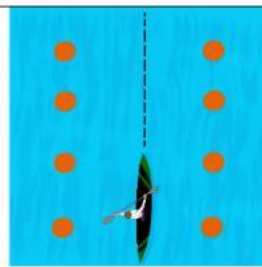


oscillatory

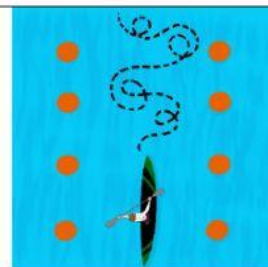
MOTION OF CANOE



curvilinear



rectilinear



random

ELEMENTS OF MOTION

