

Shree Siddhababa Secondary School
Resunga Municipality-8, Tamghas, Gulmi
Dangers of Junk Food [Grade-8 Unit-8]

Name:

Section:

Roll No.:

1. Read the text on page no.81 of your text book and fill in the gaps with correct words from the box. $5 \times 1 = 5$

harmful violent appealing calories global
culture obesity additives preservatives

(a) TV advertisements for junk food look very.....

(b) Junk foods are low in nutritional value but high in.....

(c) Pop music and junk food have become.....

(d) The increase of junk food is directly associated with an increase in.....

(e) Children who are used to taking junk food are likely to become..... in life.

2. Read the text again and write 'True' or 'False' against the following statements.

(a) Junk food advertisements on television do not attract us.

(b) An increase in junk food is directly associated with an increase in tooth decay.

(c) Children these days drink coke more than fruit juice.

(d) If pregnant women eat junk food, they can give birth to fat children.

(e) Noodles are junk food.

J.Khadka