

Make up statements by matching their two parts

1. In Latin "vita" means ...
2. There are lots of vitamins ...
3. You can hardly find any useful vitamins ...
4. Vitamins are usually named by ...
5. People need vitamins to be ...

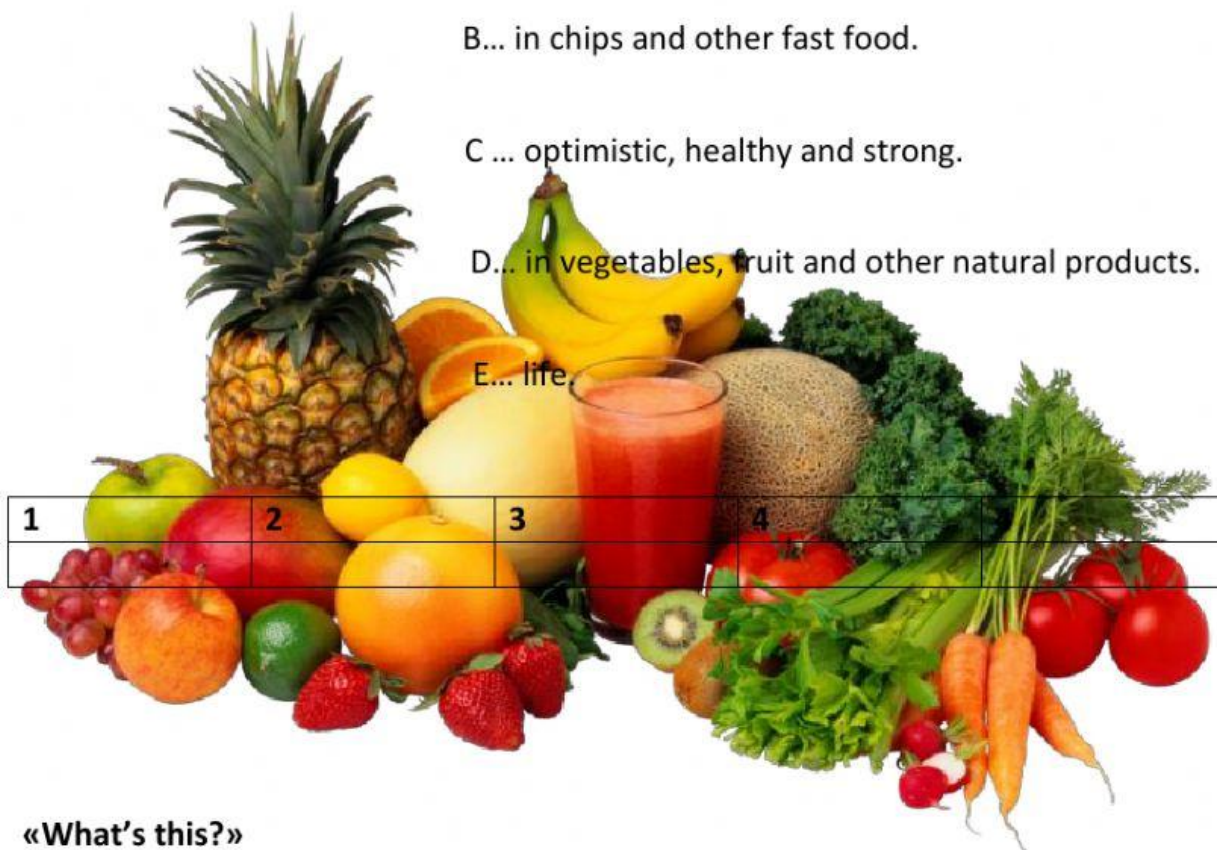
A ... a letter of the alphabet.

B... in chips and other fast food.

C ... optimistic, healthy and strong.

D... in vegetables, fruit and other natural products.

E... life.



«What's this?»

- 1) This product has vitamin A and vitamin D. It is necessary for seeing in the dark. It makes our bones strong. It can be boiled and scrambled.
- 2) This kind of food is rich in vitamin B. It is responsible for the nervous system. Some children don't like to have it for breakfast.
- 3) This food is wonderful and colorful. It has vitamin C. It helps to prevent cold, it protects us from viruses. It is important for bones and teeth.