Growing and Changing

1. Arrange the pictures in the right order to show human growth from the beginning. Label each stage of growth.

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2. For each stage of life, humans have different abilities. Label each stages with their abilities.

Baby	Toddler
Child	**Teenager**
Adult	**Elderly**

- Learning lots of skills.
- Baby teeth falling out.
- Feet and body growing.
- Getting bigger, stronger and smarter.

- Not as strong as they were.
- Joints and muscles might ache.
- Grey or white hair.
- Soft skin and wrinkles.

- Likes to try things on their own.
- Eats a lot as they are growing very fast.
- Might be moody or have spots.
- New hormones to help them grow and change.

- Fully grown.
- Can take care of themselves.
- Might start a family of their own.
- Need to exercise and eat well.

- Born helpless.
- Can only drink milk.
- Must be kept clean and warm.
- Likes to be cuddled and held.

- Starting to walk and talk.
- Wobbly on their feet.
- Starting to try different food.
- Needs lots of love and care.

3. What do grown-ups need to do to take care of a baby? Give 2 answers.

(a) .....

(b) .....

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4. How do grown-ups take care of toddlers? Give 2 answers.

   (a) ……

   (b) ……

5. What changes are happening to a growing child? Give 2 answers.

   (a) ……

   (b) ……

6. How can you tell someone is already a teenager?

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7. How are elderly people different from young adults?

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