

# HEALTHY HABITS FOR CHILDREN

1. Look and identify the correct healthy habits



Wash your  
hands

Eat  
Vegetables

Visit the  
doctor  
regularly

Eat fruits

Drink  
water

Excercise

Take a  
shower

Brush your  
teeth

Get enough  
sleep

2. Complete these questions using auxiliary DO/DOES

1. \_\_\_\_\_ Tom wash his hands? Yes, he \_\_\_\_\_.
2. \_\_\_\_\_ you keep social distance.? Yes, I \_\_\_\_\_.
3. \_\_\_\_\_ she sleep enough?. Yes, she \_\_\_\_\_.
4. \_\_\_\_\_ Lourdes eat fruits and vegetables? Yes, she \_\_\_\_\_.
5. \_\_\_\_\_ he skate. ? Yes he \_\_\_\_\_.
6. \_\_\_\_\_ they eat vegetables? No, they \_\_\_\_\_ not

3. Choose the unhealthy Habits

