-ed and –ing Adjectives

1. Complete the chart below with the correct –ed /-ing suffix.

Verbs	to bore	to excite	to interest	to relax	to satisfy	to tire	to worry
-ed	*bored*						
-ing	*boring*						

Now use the adjectives from the chart above to complete the sentences. (They can be repeated).

1) Miriam works in an aid camp. She says it's _____ but very _____.
2) If you're _____ about climate change, why not donate to a charity?
3) Chill-out music is so _____!
4) Our teacher was so _____. No one was _____ in his lessons.
5) I'm good at English, but I'm so _____ of doing all these exams!
6) Kathleen was _____ about going to the concert. It will be unforgettable.
7) Are you _____ with the same routine every day? Do something _____. Volunteer!

2. Read the text and choose the correct alternative.

Are you [1] **interested / interesting** in the environment? Are you [2] **tired / tiring** of talking about it but doing nothing? Environmental groups need YOU to be a volunteer and help with their [3] **excited / exciting** new campaigns.

If you're [4] **bored / boring** with your weekends, get involved and become a volunteer! It's really [5] **satisfied / satisfying** to know that you can make a difference. You'll probably make some [6] **amazed / amazing** new friends too.

So, if you're [7] **worried / worrying** about the future of the planet, contact our local environmental group or visit the website. If you can't donate your time as a volunteer, you can be a cyber-activist, just send an email –you'll be [8] **surprised / surprising** how easy it is!

3. Complete the sentences with an adjective from the box.

• bored / boring • frightened / frightening • interested / interesting •
• relaxed / relaxing • tired / tiring • worried / worrying •

1) We had a great holiday in France. I feel very _____ now.
2) Did you see that new horror film? I thought it was really _____.
3) My brother's quite a nervous person. He bites his nails when he's _____.
4) Miranda's new job is very _____. She starts at eight o'clock and she doesn't finish until seven o'clock in the evening.
5) Are you _____ in jazz? There's a good concert on this weekend if you want to come.
6) This book I'm reading is so _____! I fall asleep before I finish a chapter.

LIVEWORKSHEETS