

Worksheet Listening 13

Multiple matching

Forgetful people

You will hear five short extracts in which people are talking about being forgetful. While you listen, you must complete both tasks.

Task 1 Choose from the list A – H what the consequences of being forgetful were for each speaker.

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| Speaker 1 | A hurting someone's feelings |
| Speaker 2 | B having to pay a lot of money |
| Speaker 3 | C feeling foolish |
| Speaker 4 | D not being understood |
| Speaker 5 | E losing a friendship |
| | F failing to achieve something |
| | G making someone angry |
| | H experiencing anxiety |

Task 2 Choose from the list A – H the way each speaker says they could overcome the problem.

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| Speaker 1 | A making notes in a diary or notebook |
| Speaker 2 | B doing a memory improvement course |
| Speaker 3 | C using a special technique |
| Speaker 4 | D learning to pay more attention to the surroundings |
| Speaker 5 | E recalling how the information was learnt |
| | F translating into another language |
| | G making use of technology |
| | H leaving reminders |

Gap-fill

Listen to part of a radio report by a behavioural psychologist Marcus King, talking about how to encourage people to change their behaviour towards the environment. Complete the sentences.

A nudge in the right direction

Some things we do every day out of _____ are harmful to the environment.

Marcus says it should be easy to persuade people turn _____ because it saves them money.

Marcus thinks we're less likely to change our behaviour if we know there will only be a(n) _____ impact.

Marcus says studying people's attitude often reveals a(n) _____ between their actions and their beliefs.

The Copenhagen study found that putting _____ on the ground to encourage people to throw sweet wrappers in litter bins was very successful.

Marcus supports the idea of using creative ways to encourage good behaviour, rather than giving people _____ for littering.

Some governments are using the idea of 'nudging' instead of _____ to change people's behaviour.

Marcus disagrees with some environmentalists who claim a real change in attitudes to _____ and buying cars hasn't been achieved by nudging.

